



# Child Developmental Assessment Guide



Age	Gross Motor	Vision/Fine motor	Hearing/Speech	Personal/Social
6 weeks	Symmetrical limb movements	Fixes and follows gaze to 90° Turns to light Grasp reflex	Cries, coos Startles to noise	Smiles
3 months	Move limbs vigorously No head lag Prone: lifts upper chest up	Fixes and follows gaze to 180° Plays with own hands Holds rattle placed in hand	Quietens to parent's voice Turns to sound	Laughs and squeals
6 months	Sits without support Lifts chest up on extended arms Grasps Feet Rolls front to back	Palmar grasp Transfers objects Shakes rattle	Turns to quiet sound Says vowels and syllables	Laughs and screams Not shy
9 months	Can reach for toy steadily Rolls back to front Pulls to standing Stands holding on	Reaches for small objects Rolls balls Points with index finger Looks for fallen objects Releases toys	Says 'amma' 'abba' non-specifically	Chews biscuit Stranger anxiety Plays 'peek-a-boo' Understands 'no' and 'bye bye'
12 months	Cruises around furniture May take a few steps unsupported	Holds pencil Casting objects Bangs cubes together	Knows name Understands simple commands Says a few words	Drinks from cup and uses spoon Finger feeds Waves 'bye-bye' Finds hidden object
15 months	Board based gait Kneels Pushes wheeled toy	Sees small objects Builds tower of 2 bricks Scribbles to and fro	2-6 words Communicates wishes and obeys commands	Uses cup and spoon
18 months	Steady walk Runs Walks carrying toy Pushes pulls Creeps downstairs	Circular scribble Points to picture in book Turns pages of book	0-20 words Feeds independently Domestic mimicry Symbolic plays alone Takes off socks and shoes	Points to named body
2 years	Kicks ball Up and downstairs holding on	Builds tower of 6 bricks Copies vertical line	2-3 word sentences Uses question words	Begins toilet training Temper tantrums
3 years	Upstairs 1 foot per step down with 2 Walks on tip toe Throws ball Pedals tricycle	Builds tower of 9 bricks Builds trains and bridge with bricks if shown Copies circle	Gives first and last name Knows gender Recognized colours	Washes hands and brushes teeth Make believe play Likes hearing and telling stories
4 years	Up and downstairs 1 foot per step Hops	Builds steps of bricks Copies cross Draws man	Counts to 10 or more	Able to undress
5 years	Skips Catches ball Runs on toes	Copies triangle	Asks 'how' and 'when' Questions Uses grammatical speech	Able to put on clothes and to do large buttons

SOURCE: Textbook of Pediatrics

